

# Emerging & Experiencing Five Form of Soul

## Aims of Meditation:

Our part in the world drama is all round, right from beginning of the world drama cycle, i.e. golden age, to the end of the drama, i.e. iron age, through the 84 births in 5000 years. The earth planet is the stage on which we play our role adopting different bodies as consumes. We, the souls, come to this corporeal world from the incorporeal world the land of peace, land of liberation or salvation. There is a complete record of our role in our soul. During the cycle of our role we are passing through five important stages. *BABA* says that at this time you should recall & emerge these five stages from your memory. This is very important meditation drill, which we should do frequently to have deep experience of these five forms in this confluence age.

## Meditation Practice:

Let us perform this drill to have deep experience of all these five forms. These five forms are:

- 1) Seed stage – when we are in the land of peace
- 2) Deity stage – when we are in the land of happiness
- 3) Worthy of worship stage – when we are in the land of devotion

4) Brahmin stage – when we are in the land of confluence

5) Angelic stage – when we are in subtle land

Let us emerge these stages one by one. Sit comfortably and relax with few deep breaths. Focus your attention at the centre of your brain and visualize yourself as a luminous point of light at this place. Along with this, you visualize your body also.

### Now affirm that

“I am not this physical body comprising of these five inert elements, but I am a soul, a point of divine light,



different from the physical body.... The body is my mere consume or instrument to play my role in the world drama cycle birth by birth.... Every birth I adopt a new body and continue to play my role.... I am an immortal & eternal soul.... There is complete record of my role of 84 births in me, the soul.....

## Seed stage:

I begin my role with my seed stage in *PARAMDHAM*, the land of peace and salvation.... Here I retain my identity in an incorporeal form as point of light.... Here in the land of peace there is nothing



corporeal or subtle... There is golden red light spreading all around up to infinity... In this incorporeal seed stage, I am experiencing immense peace and complete salvation... This in my dormant & latent stage.....

## Deity stage:

I begin my journey to play my role in this world drama cycle right in the beginning of the golden age.... I leave *PARAMDHAM* and descend on the earth in a form of twinkling star and take my first birth as deity in the kingdom of first Lakshmi Narayan.... Here I experience highest level of purity, peace and prosperity... Here my physical body is extremely beautiful, and completely pure and healthy..... There is abundant wealth

and happiness.... Here I am completely viceless and enriched with all values and virtues.... Elements of nature are also



perfectly pure and serve me in their best possible way.... In golden age I play my role for 8 births...

## Worthy of worship stage:

When I complete my golden aged and silver aged 20 vice less births in 2500 years, the era of *DWAPARYUG* (copper age) begins.... Here all the souls become body conscious, losing their memory – awareness of soul consciousness... Hence all the souls come under the influence of vices and start committing sins.... As a result of this, souls start suffering from pain and sorrow, unrest and unhappiness... Because of this every one's intellect moves towards all mighty God.... The bhakti cult begins from h People start worshipping my idols with great expectations.... This is my worship worthy stage.... Here my role, in this worship worthy form, is to fulfil the wishes of my devotees depending upon their

faith, dedication and devotion...In this stage, I am able to visualize a long queue of my devotees in the front of my worship worthy image in the temple....They are whole heartedly urging for the fulfilment



of their desires....As per their dedication, their desires are being fulfilled....

### **Brahmin stage:**

At the end of the cycle, that is at end of *KALYUG*, I become *TAMOPRADHAAN*.... At this time my spiritual father *SHIVBABA* descends from *PARAMDHAM* and impart me the spiritual knowledge through the corporal body of *PRAJAPITA BRAHMA*.... This is my new birth as *BRAHMIN*... By following baba's *SHRIMAT* and practicing *RAJYOG* meditation, I start ascending towards *SATOPRADHAN* stage....Here I am enjoying all my relations with almighty God father



*SHIVBABA* and experience the eternal peace, purity, love, bliss, happiness and power....Here I also experience extra sensuous joy....This Brahmin stage is a diamond stage of my soul & is the highest stage....

### **Angelic Stage:**

My last stage in the cycle is that of an angelic form.... As I have full perceptions of Baba's knowledge and as I am practicing Raj yoga regularly following *BABA's SHRIMAT* & imbibing all virtues; my intellect is now divine.... I



am now easily able to get detached from my own body, my bodily relations & from this material world.... Adopting my double light subtle body, which is of subtle light & weightless also, I stabilize myself in my angelic stage.... In this form I feel double light... This is my most detached and unlimited stage, still in activity.... In this stage I am just flying and travelling anywhere in cosmos..... In this angelic form I frequently go to the subtle world to meet *AVYAKT BAPDADA*

and converse with them and enjoy all the relations with them...My five form role in his eternal world drama is really wonderful & outstanding.....Thank you very much BABA...

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