

Experiencing Highest Level of Purity

Introduction:

Purity is one of the most vital innate qualities of the soul. The level of emergence of other innate qualities of the soul, like peace, love, happiness, bliss, power and truth, is based on the level of purity of the soul. All these values and positive emotions naturally remain in emerged stage in deities because of highest level of purity, the deities have. In this confluence age we are able to experience highest level of purity; as we become soul conscious; as we are connected with our supreme father, the ocean of purity, beloved SHIVBABA; and as we emerge our golden aged deity life at present. To experience this highest level of purity, following meditation script may be used during our Rajyoga practice.

Meditation Script:

Sit in comfortable posture. Start breathing Deeply. Inhale and exhale slowly. When you inhale let your belly gradually come outward and when you exhale let your belly go inward. Focus your attention

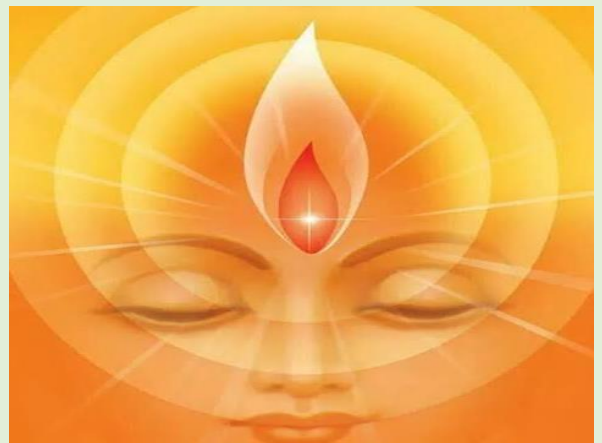


on your breathing and try to sense the inward and outward flows of the air on the inner walls of your nostrils during

inspiration and expiration respectively. Hope you are sensing this. Enhance your concentration on your breath and now try to experience the coldness of the air which you are breathing in and the warmth of the air which you are breathing out. Hope you are experiencing this. Now your mind is fully concentrated, stable and peaceful. Now withdraw your attention from your breath and focus it at the centre of your brain just behind the centre of the forehead. At this place visualize your own self in a form of a self-luminous point of light along with visualization of your own physical body.

Experiencing Innate Purity Being Soul conscious:

Now affirm along with this visualization "I am neither this physical body nor the subtle one... But I am a soul, a luminous point of light, just like twinkling



star... I, the soul, am tiniest and minuets point of light.... I am an eternal entity.... My existence is since negative infinity and it will be sustain up to positive infinity as I am an immortal soul.... Basically and originally I, the soul, am pure, peaceful, loveful, blissful, powerful, truthful and

knowledgeful.... Out of my these innate qualities, purity is my most vital original value.... I am a pure soul.... Purity is my personality.... Purity is my perfection.... This is the reason, why I like purity in myself as well in others.... Purity is my reality.... Purity is my royalty.... Now I am soul conscious.... I have been stabilised in my originality, the purity.... Now I am experiencing my highest level of purity.

Experiencing Purity Being with Ocean of Purity, SHIVBABA, in PARAMDHAM:

I, the soul, tiniest and minuets point of light, is now leaving behind my physical and subtle body.... and I, the soul in my seed stage, am moving upward in the sky... I am going up and up leaving behind the earth planet along with solar planetary system... I am moving towards the

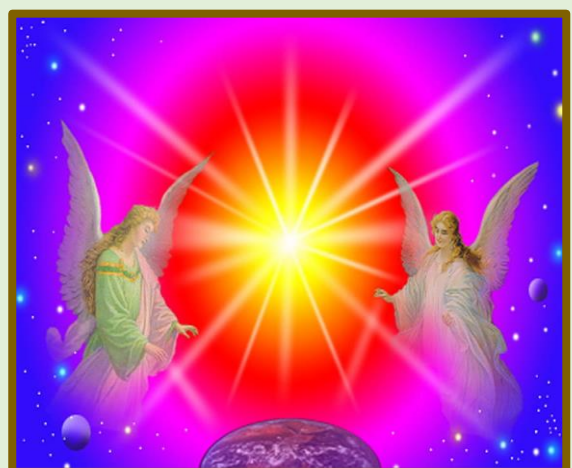


PARAMDHAM leaving behind all galaxies.... What a pleasing journey it is!!! Now I am entering my original abode, the incorporeal world.... Here there prevails eternal golden red divine light all around.... Here exists neither thought nor word or action; just complete stillness, silence and immense peace all around everywhere... Here, in this supreme abode, my most beloved SHIVBABA, the ocean of purity, is just in

front of me.... The powerful vibration of purity is spreading all around from the MAHAJYOTI SHIVBABA ... Some of the vibrations are touching me also.... I am getting fully charged with purity.... I am completely filled with purity.... I am experiencing highest level of purity, being with ocean of purity, SHIVBABA.... Now I am most powerful source of purity.... The powerful vibrations of purity are radiating all around from me....

Radiating & Spreading Vibrations of Purity over the Globe:

In this powerful and purest seed stage, I am now descending in the corporal world and stabilizing myself in the space just in front of earth planet.... The abandon rays of purity are radiating from me and are spreading all over the globe.... Every human beings on the earth planet, every inert elements of nature and the consciousness of lower species are all receiving these rays of purity.... They all getting filled up with purity.... From the entire environment impurities of all kinds are being



eliminated.... With the light of my purity all the vices and sins on the earth are being extinguished.... Now there prevails purity everywhere.... I am sure that within very short time there will be long lasting highest

level of purity in the world..... Again there will be golden age on the earth....

Experiencing Purity Emerging Golden Age Deity Life:

To play my eternal role in this world drama, I begin my journey right in the beginning of the golden age....To start my divine deity role, I leave *PARAMDHAM* and descend on the earth in a form of twinkling star and take my first birth as deity in the kingdom of first Lakshmi Narayan.... Here I experience highest level of purity, peace and prosperity.... Here my physical body is extremely pure, beautiful and completely



healthy..... There is abundant wealth and happiness.... Here I am completely viceless and enriched with all values and virtues.... I experience highest level of purity.... Here I am double crown holder; the crown of purity and crown of prosperity.... The elements of nature are also perfectly pure and serve me in their best possible way.... In the entire environment I find and feel highest level of purity !... In this golden age I play my such role for 8 births....

----- Om shanti -----

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